

YOUTH AQUATICS

Classes Run Week of Sept. 1st—Oct. 19th *\$5 off each sibling's fee for those who hold a Family Membership

REGISTRATION: August 18th—25th

(Current Participants Early Registration: Aug 11th—17th

NON-PARTICIPANT TESTING: Call for Appointment *REGISTER BY September 1st TO AVOID \$10 LATE FEE

YOUTH AQUATICS PROGRAMS (6—14 YEARS)

PRE-SCHOOL PROGRAMS (6 MONTHS—5 YEARS)

FAMILY MEMBERSHIP	\$22
YOUTH MEMBERSHIP	\$48
NON-MEMBER	\$80

SHRIMP (6 MONTHS—36 MONTHS + PARENTS)

A water adjustment class for children accompanied by a parent.

Through the aid of an instructor, parents guide their children through basic water orientation skills and songs. Emphasis is placed on water acclimation, fun and games.

Maximum enrollment: 12

Tuesday 4:00PM-4:30PM

Thursday 5:30PM-6:00PM

Saturday 9:00AM—9:30AM



PIKE (3—5 YEARS)

Children must be at least 3 years old by the designated registration date. Designed for new swimmers, children try basic strokes and kicking skills, with and without flotation devices. Children work on getting faces fully in the water.

Maximum enrollment: 6

Monday 4:30PM—5:00PM
5:00PM—5:30PM

Tuesday 4:30PM—5:00PM

Thursday 4:15PM—4:45PM
5:00PM—5:30PM

Saturday 10:00AM—10:30AM

10:30AM—11:00AM

11:00AM—11:30AM

EEL (3—5 YEARS)

For children who are comfortable in the water with/without flotation devices. Participants learn paddle stroke, front and back floats and more. Children are not afraid to put faces in water and be able to jump in without flotation.

Maximum enrollment: 6

Monday 4:00PM—4:30PM

Thursday 4:45PM—5:15PM

Saturday 9:30AM—10:00AM



Ray / Starfish (3—5 years)

For children without flotation devices. Children review basic skills, build endurance, and learn to tread water. Front and back crawls are refined. Goggles are required

Maximum enrollment: 6

Saturday 9:00am—9:30am

Gym, Swim, & Music (5—16 years) Thursdays 10:30-12:00

Gym, Swim & Music is Designed for home schooled children to promote interaction with their peers and to stay active. This program offers 35 minutes of swimming, 35 minutes of instructed gym time, and 35 minutes of music class. Gym, Swim, & Music is a good way for kids to stay active, live healthy and meet other home schooled children. Please note, there is a \$30 late fee for this program after the deadline. No registering after the first week.

FAMILY MEMBERSHIP	\$27
YOUTH MEMBERSHIP	\$64
NON-MEMBER	\$111

POLLIWOG (6—14 YEARS)

Children must be at least 6 years old by the designated registration date. This class is designed for school age children who are beginning their swimming experience. Participants learn basic strokes, kicking skills and water safety.

Maximum enrollment: 8

Monday 4:45PM—5:30PM

Wednesday 4:45PM—5:30PM

Saturday 9:00AM—9:45AM

GUPPY (6—14 YEARS)

Children learn to swim using basic strokes. They are introduced to front and back crawls, breaststroke and elementary backstroke. Goggles are required

Maximum enrollment: 8

Monday 4:00PM—4:45PM

Wednesday 4:00PM—4:45PM

Saturday 9:45AM—10:30AM

MINNOW (6—14 YEARS)

Children will refine and practice rotary breathing, front crawl, back crawl, sidestroke and elementary backstroke. Your child will also develop endurance and form, learn surface dives and underwater swimming skills as well as more personal safety, boating and rescue skills. Goggles are required

Maximum enrollment: 10

Thursday 5:00PM—5:45PM

Saturday 10:30AM—11:15AM

FISH / FLYING FISH / SHARK (6—14 YEARS)

Students work to improve basic strokes. Turns and the butterfly stroke are introduced. Participants also focus on endurance while utilizing rhythmic and rotary breathing. Goggles are required

Maximum enrollment: 10

Thursday 4:15PM—5:00PM

Saturday 11:15AM—12:00PM

PRIVATE SWIM LESSONS

One-on-one swim lessons for adults or children. Contact the Aquatics Program Leader for additional information or to schedule an appointment. Lessons are by appointment.

Pay Per 1/2 Hour Session	
Members	\$22
Non-Members	\$48

Packages

(buy 6 and get 1 FREE)

Members \$127

Non-Members \$286

YOUTH AQUATICS DATES

UPCOMING SWIM LESSON REGISTRATIONS

Youth Swimming Lessons

Registration Information- 7 week classes

September 1st—October 19th

Registrations:

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Current Participants August 11th—17th

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Non-Participant Testing:

By Appointment: 315-363-7788 x230

*Swim testing may also be done by scheduling an appointment with our Aquatics Program Leader.

Register by September 1st to avoid a \$10 late fee.....

October 27th—December 14th

Registrations:

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Active Participants: October 20th—26th

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Non-Participant Testing:

By Appointment: 315-363-7788 x230

Register by August 17th to avoid a \$10 late fee

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- The dates and times associated with Non-Participant Registration are for swim testing swimmers who have some experience in the water. Those with little or no experience can ask to be automatically placed in the lowest swim level for their age group and register during those times without being tested.

- “Participants” refers to students who were enrolled in swim lessons during the previous session.
- “Non-Participants” refers to those who either were not enrolled in swim lessons during the previous session or those who have never been involved with swim lessons at the YMCA before.