

Tournaments



Winter Holiday Fun Shoot

Saturday, December 14th @ 9am

Registration: November 1st - December 10th

Spring Fling Competitive

Saturday, April 18th @ 9am

Registration: March 1st - April 12th

Private Lessons

The Oneida Family YMCA now offers private Archery lessons for anyone in the family! This means mom, dad, grandpa, grandma, aunts, uncles, brothers, and sisters! It is a great way to get a one on one lesson from a Level 1 or a level 2 certified instructor. Lessons will help to focus on the specifics in your shooting form both physically and mentally and will help to improve your shooting.

Members: 30 Minute Lesson- \$25.00

60 Minute Lesson- \$40.00

Non Members: 30 Minute Lesson-\$35.00

60 Minute Lesson- \$50.00



Registration Form

1st child Name: _____

2nd Child Name: _____

Parent/ Guardian Name: _____

Age(s): _____

Phone Number: _____

Email Address: _____

Address: _____

Class: Please circle which class

1. Discover and Explore
2. Progress
3. Apply and Develop
4. Excel and Grow
5. Archery for Life

Circle One:

Member OR Non-Member

Have you ever been enrolled in our Archery program before?

Yes ___ No ___

Do you have your own bow/equipment?

Yes ___ No ___

Does anyone in your family hunt or do Archery?

Yes ___ No ___

Please download our mobile App to stay connected on program changes or cancellations!



YMCA ARCHERY

**WITH EMPHASIS ON
CHARACTER DEVELOPMENT**

"USA ARCHERY'S ATHLETE DEVELOPMENT MODEL PROVIDES A ROAD MAP FOR ATHLETES, PARENTS, COACHES AND ADMINISTRATORS TO PARTICIPATE AND LEAD ATHLETES WITH LONG-TERM DEVELOPMENT IN MIND."



SESSION #1

REGISTRATION:

AUG. 26TH – SEPT. 9TH

CLASSES RUN:

SAT. SEPT. 14TH – OCT. 26TH

WED. SEPT. 18TH – OCT. 23RD

*No Class on October 19th

*Held at the Oneida Family YMCA

SESSION #2

REGISTRATION:

OCT. 12TH – NOV. 4TH

CLASSES RUN:

SAT. NOV. 9TH – DEC. 14TH

WED. NOV. 13TH – DEC. 18TH

No program on Wed, Nov. 27th, due to Thanksgiving Break.

*Held at Oneida Heritage Sales and Rentals

SESSION #3

REGISTRATION:

DEC. 7TH – JAN. 6TH

CLASSES RUN:

SAT. JAN 11TH – FEB. 15TH

WED. JAN 8TH – FEB. 12TH

Wed class begins one week prior due to February Break.

*Held at Oneida Heritage Sales and Rentals

SESSION #4

REGISTRATION:

FEB. 1ST – FEB. 25TH

CLASSES RUN:

SAT. FEB. 29TH – APRIL 4TH

WED. FEB. 26TH – APRIL 1ST

Wed class begins one week prior due to April Break.

*Held at Oneida Heritage Sales and Rentals

SESSION #5

REGISTRATION:

MARCH 18TH – APRIL 20TH

CLASSES RUN:

SAT. APRIL 25TH – JUNE 6TH

WED. APRIL 29TH – JUNE 3RD

No program on May 23rd

*Held at Oneida Family YMCA

Targeted Ages is what USA Archery suggests but class is not limited to those ages.

MUST PURCHASE YOUR OWN EQUIPMENT AFTER GOING THROUGH FIRST ARCHERY SESSION

**ANY CHILD UNDER THE AGE OF 8 WHO HAS BEEN REGISTERED IN OUR ARCHERY CLASSES BEFORE WILL BE ABLE TO CONTINUE. ANY NEW PARTICIPANT WILL HAVE TO BE 8 YEARS OIF AGE OR OLDER.*

USA ARCHERY: DISCOVER & EXPLORE

Targeted Ages 8-11

This is the first step involvement of Archery at a younger age. The focus in this class is the development of coordination, movement, balance, flexibility and posture. In this class you will learn the importance of safety, range rules, and all of the steps to the shot process.

Saturdays: 9-9:50 AM

Family Membership: \$30
Members: \$40 Non-Members: \$80



USA ARCHERY: PROGRESS

Targeted Ages: 12-15

The second stage of development process occurs after an athlete has been engaged in Archery and wants to explore more hands on training. This stage will focus on refining the skills needed to be successful in archery and then furthering skill development through challenges, such as competition.

Saturdays: 10-10:50 AM

Family Membership: \$30
Members: \$40 Non Members: \$80

USA Archery: Apply and Develop

Targeted Ages 15-17

At this stage, participants begin to increase the competitive level at which they train at. Maximizing potential becomes an option for athletes as they start to grasp the commitment necessary for archery, and the skill sets needed to excel at the next competitive level. There will be archery specific training involved with this class to allow the athlete to more fully develop.

Saturday: 11-11:50 AM

Family Membership: \$30
Members: \$40 Non Members: \$80

USA Archery: Excel and Grow

Targeted Ages 17-21

At this point you will decide the option to focus on Archery to excel for performance and increase competition, or continue to grow and participate for the fun, health, and social aspects of Archery. In this class you will further develop interpersonal skills, teamwork, mental skills, communication skills, and leadership skills.

Wednesday Evenings: 5-5:50 PM

Family Membership: \$30
Members: \$40 Non Members: \$80

USA Archery: Archery for Life

Targeted Ages: 21+

Everyone can use Archery to establish and maintain a healthy lifestyle. Archery is a unique sport that almost anyone can compete throughout their lifetime. This class is for anyone interested in continuing the sport of Archery through their lifetime recreationally.

Wednesday Evenings: 6-6:50 PM

Family Membership: \$30
Members: \$40 Non Members: \$80