



Aquatics

THERAPY POOL JULY -AUGUST 2017

Monday	
9:00am-10:45am	Water Walking Only
10:45am-11:45am	Aqua Yoga
11:45am-12:45pm	Rental Group D.D.S.O
4:00pm-6:30pm	YMCA Swim Lessons
6:30pm-7:30pm	Aquamotion

Tuesday	
10:00am-11:00pm	Rental Group A.R.C
11:00am-12:00pm	Open Swim
12:00pm-1:00pm	Aquamotion

Wednesday	
9:00am-10:45am	Water Walking Only
10:45am-11:45am	Aquamotion
5:00pm-5:30pm	YMCA Swim Lessons
5:30pm-6:30pm	Renatal Group U.C.P
6:30pm-7:30pm	Aquamotion

Thursday	
4:00pm-4:50pm	Open Swim
4:50pm-6:30pm	YMCA Swim Lessons

Friday	
9:00am-10:45am	Water Walking Only
10:45am-11:45am	Aquamotion
6:00pm-7:00pm	Pool Party

Saturday	
CLOSED	

Sunday	
CLOSED	

Therapy Pool will be closed August 27th -September 3rd. For annual cleaning

Summer Open Swim Times: Tuesday 11:00am-12:00pm and Thursday 4:00pm-4:50pm