



Aquatics

September

THERAPY POOL

Monday	
9:00am-10:30am	Water Walking Only
10:30am-11:30am	Rental Group ARC
11:30am-12:30pm	Aqua Yoga
12:30pm-1:00pm	Open Swim
1:00pm-2:00pm	Aquamotion
4:00pm-6:30pm	YMCA Swim Lessons
6:30pm-7:30pm	Aquamotion

Thursday	
4:00pm-6:30pm	Family Swim Only
6:30pm-7:30pm	Aquamotion

Friday	
9:00am-10:45am	Water Walking Only
10:45am-11:45am	Aquamotion
11:45am-1:00pm	Open Swim

Tuesday	
CLOSED	

Saturday	
9:00am-10:30am	YMCA Swim Lessons
10:30am-1:00pm	Family Swim Only

Wednesday	
9:00am-10:45am	Water Walking Only
10:45am-11:45am	Aquamotion
11:45am-1:00pm	Open Swim
4:00pm-5:30pm	YMCA Swim Lessons
5:30pm-6:30pm	Rental Group
6:30pm-7:30pm	Aquamotion

Sunday	
CLOSED	



New FAMILY ONLY open swim Thursday 4:00pm-6:30pm and Saturday 11:30am-1:00pm

Family swim is for children with accompanying adults only. NOT Open Swim

Therapy pool annual shutdown: Sunday September 1st- Sunday September 8th. Repens Monday September 9th