

GYMNASIUM SCHEDULE

ONEIDA FAMILY YMCA

Summer II 2018

-During any Summer Camp, the YMCA Child Care Program may use ½ of the gymnasium at any time from 6:30AM – 6:00PM.

- All times and availability are subjected to change without notice.

-PrimeTime may use ½ of the gymnasium at any time for needed space

Monday

5:30 AM-6:00PM
Gym 1
Summer Camp
Gym 2
Open Gym

6:00-7:00PM
Gym 1
Zumba
*6:30-7:00PM
Gym 2 Prime Time

7:00-8:30PM
Gym 1
YMCA Circuit
Gym 2
Open Gym

Tuesday

5:30- 6:00PM
Gym 1
Summer Camp
Gym 2
Open Gym

3:00-4:00PM
Gym 1
Gymnastics
Gym 2
SACC

4:00-5:30
Gym 1
Gymnastics
Gym 2
SACC Program

5:30 – 8:30PM
Gym 1 & 2
Open Gym

Wednesday

5:30AM-6:00PM
Gym 1
Summer Camp
Gym 2

8:30-3:00PM
Gym 1 & 2
Open Gym

3:00-6:00PM
Gym 1
SACC Program
Gym 2
Open Gym

6:00-7:00PM
Gym 1
Zumba
Gym 2
Open Pick Up
Basketball

7:00 – 7:30PM
Gym 1
Ab ATTACK!
Gym 2
Open Gym

7:30 – 8:30PM
Gym 1 & 2
Open Gym

Thursday

5:30AM-6:00PM
Gym 1
Summer Camp
Gym 2
Open Gym

6:00PM – 8:30PM
Gym 1&2
Open Gym

Friday

5:30AM-6:00PM
Gym 1
Summer Camp
Gym 2
Open Gym

6:00 – 7:00PM
Gym 1 & 2
Open Gym

Saturday

7:00AM – 1:00 PM
Gym 1 & 2
Open Gym

Sunday

11:00AM-
3:00PM
Gym 1
and 2
Open Gym



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