

YOUTH AQUATICS

Classes Run September 4th - October 22nd

PARTICIPANT REGISTRATION: July 30th - August 4th

NON-PARTICIPANT TESTING: August 6th, 8th, 11th

*\$5 off each sibling's fee for those who hold a Family Membership

*REGISTER BY September 1st TO AVOID \$10 LATE FEE

PRE-SCHOOL PROGRAMS (6 MONTHS—5 YEARS)

FAMILY MEMBERSHIP	\$22
YOUTH MEMBERSHIP	\$48
NON-MEMBER	\$80

SHRIMP (6 MONTHS—36 MONTHS + PARENTS)

A water adjustment class for children accompanied by a parent. Through the aid of an instructor, parents guide their children through basic water orientation skills and songs. Emphasis is placed on water acclimation, fun and games.

Maximum enrollment: 12

Tuesday	10:00AM-10:30PM
Thursday	5:30PM-6:00PM
Saturday	9:00AM—9:30AM



PIKE (3—5 YEARS)

Children must be at least 3 years old by the designated registration date. Designed for new swimmers, children try basic strokes and kicking skills, with and without flotation devices. Children work on getting faces fully in the water.

Maximum enrollment: 6

Monday	4:30PM—5:00PM
Monday	5:00M—5:30PM
Tuesday	9:30AM—10:00PM
Wednesday	4:00PM— 4:30PM
Thursday	5:00PM—5:30PM
Saturday	10:00AM—10:30AM
	10:30AM—11:00AM
	11:00AM-11:30AM

EEL (3—5 YEARS)

For children who are comfortable in the water with/without flotation devices. Participants learn paddle stroke, front and back floats and more. Children are not afraid to put faces in water and be able to jump in without flotation.

Maximum enrollment: 6

Monday	4:00PM—4:30PM
Wednesday	4:30PM— 5:00PM
Saturday	9:30AM— 10:00AM



RAY / STARFISH (3—5 YEARS)

For children without flotation devices. Children review basic skills, build endurance, and learn to tread water. Front and back crawls are refined. Goggles are required

Maximum enrollment: 6

Wednesday	5:00PM— 5:30PM
Thursday	9:30AM— 10:00AM
Saturday	9:00AM— 9:30AM

Gym & Swim (5—16 years) Thursdays 10:30-12:00

Gym and Swim is Designed for home schooled children to promote interaction with their peers and to stay active. This program offers 45 minutes of swimming with 45 minutes of instructed gym time. Gym and Swim is a good way for kids to stay active, live healthy and meet other home schooled children. Please note, there is a \$30 late fee for this program after September 1st No registering after the first week.

YOUTH AQUATICS PROGRAMS (6—14 YEARS)

FAMILY MEMBERSHIP	\$27
YOUTH MEMBERSHIP	\$64
NON-MEMBER	\$111

POLLIWOG (6—14 YEARS)

Children must be at least 6 years old by the designated registration date. This class is designed for school age children who are beginning their swimming experience. Participants learn basic strokes, kicking skills and water safety.

Maximum enrollment: 8

Monday	4:45PM—5:30PM
Wednesday	4:45PM—5:30PM
Saturday	9:00AM—9:45AM

GUPPY (6—14 YEARS)

Children learn to swim using basic strokes. They are introduced to front and back crawls, breaststroke and elementary backstroke. Goggles are required

Maximum enrollment: 8

Monday	4:00PM—4:45PM
Wednesday	4:00PM—4:45PM
Saturday	9:45AM—10:30AM

MINNOW (6—14 YEARS)

Children will refine and practice rotary breathing, front crawl, back crawl, sidestroke and elementary backstroke. Your child will also develop endurance and form, learn surface dives and underwater swimming skills as well as more personal safety, boating and rescue skills. Goggles are required

Maximum enrollment: 10

Monday	4:45PM - 5:30PM
Thursday	5:00PM— 5:45PM
Saturday	10:30AM—11:15AM

FISH / FLYING FISH / SHARK (6—14 YEARS)

Students work to improve basic strokes. Turns and the butterfly stroke are introduced. Participants also focus on endurance while utilizing rhythmic and rotary breathing. Goggles are required

Maximum enrollment: 10

Thursday	4:15PM—5:00PM
Saturday	11:15AM—12:00PM

PRIVATE SWIM LESSONS

One-on-one swim lessons for adults or children. Contact the Aquatics Program Leader for additional information or to schedule an appointment. Lessons are by appointment.

Pay Per 1/2 Hour Session	
Members	\$22
Non-Members	\$48

Packages	
(buy 6 and get 1 FREE)	
Members	\$127
Non-Members	\$286

YOUTH AQUATICS DATES

UPCOMING SWIM LESSON REGISTRATIONS

Youth Swimming Lessons

Registration Information- 7 week classes

September 4th - October 20th

Registrations:

Current Participants July - 30th - August 4th

Non-Participant Testing

Monday, August 6th 4:00PM - 5:00PM

Wednesday, August 8th 4:00PM - 5:00PM

Saturday, August 11th 9:00AM - 10:30AM

*Swim testing may also be done by scheduling an appointment with our Aquatics Program Leader.

Register by September 1st to avoid a \$10 late fee

October 29th - December 15th

Registrations:

Current Participants October 15th - 20th

Non-Participant Testing

Wednesday, October 24th 4:00PM - 5:00PM

Saturday October 27th 9:00AM - 11:00AM

*Swim testing may also be done by scheduling an appointment with our Aquatics Program Leader.

Register by October 28th to avoid a \$10 late fee

- The dates and times associated with Non-Participant Registration are for swim testing swimmers who have some experience in the water. Those with little or no experience can ask to be automatically placed in the lowest swim level for their age group and register during those times without being tested.

- "Participants" refers to students who were enrolled in swim lessons during the previous session.
- "Non-Participants" refers to those who either were not enrolled in swim lessons during the previous session or those who have never been involved with swim lessons at the YMCA before.

