



# 1ST ANNUAL ORIGINS MEET



**LIFTING BEGINS AT 9 A.M. SHARP! ALL LIFTERS TO REPORT FOR RULES 8:30 A.M.**

**Weigh In's:** Friday 10 am-4pm **Location:** Rome YMCA, 301 W Bloomfield st, Rome, NY 13440  
Saturday 7:00-8 am

**Events:** Bench Only, Ironman (push/pull), Deadlift Only **RECORDS:** Non-sanctioned event- records only for event

**Divisions:** Raw Classic **Classes:** Amateur, Elite Open, Police/Fire & Armed Forces, Pro

**Age Divisions:** Open (24-32), Teen (16-17, 18-19), Junior (20-23), Sub-master (33-39),

**Weight classes:** MEN: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

WOMEN: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, SHW

**Rules:** All lifters must be present for rules clinic the morning they lift.

**Equipment-** Singlet is NOT required but highly advised. Wrist wraps are allowed. Knee sleeves, wraps and elbow sleeves are not allowed.

**Deadline:** Entry deadline is July 5th; entries must be received by this date. Late entries will be accepted on a case-by-case basis after deadline. Lifters who miss the entry deadline must contact the meet director for availability to be put on meet roster. Failure to contact the meet director before "walking in" runs the risk of being excluded from the meet. A late fee of \$25.00 will be charged. Make Checks to Rome YMCA \$50 charge on returned checks; cash at door after deadline. There are no refunds, no exception.

**Awards:** Trophy's for 1st-2nd place in all weight classes and events. **Shirts:** Guaranteed for pre-registered lifters

## Divisions

**Amateur (AM):** This division is a drug-free division. Any lifter under suspicion of drug use will be required to undergo a urinalysis test. If the test results are negative, the meet director will absorb the cost of the drug test. If the test results are positive, the lifter will be responsible for all expenses associated with the drug test, and their lifts for the competition will be disqualified. A lifter testing positive will be required to lift as a Professional forthwith. If the lifter enters AM and achieves a Pro qualifying lift, the lifter will either automatically be transferred to the Pro Division in the same meet (same weight class and sub-division), or have the option to pay for the urinalysis required to attain Elite status.

**Pro:** Anyone who has totaled or has single lifts that qualifies for Professional (Pro) must enter this division unless they wish to enter Elite which requires a lifter paid urinalysis. Professional can be entered by everyone but teens regardless of what their lift numbers are. There is no drug testing in this division.

**Elite:** Those whose lifts qualify as Pro yet want to provide proof that they are not using any performance enhancements on the tested list. Elite lifts are only available in the Open division and will be scored in competition with the Pros.

**Police/Fire/Armed Forces:** This division is reserved for individuals who serve the community as Police Officers, Correction Officers or Firefighters and individuals who served their country. The age divisions are limited to Open

