



Aquatics

THERAPY POOL JUNE–AUGUST 2018

Monday	
9:00am–10:45am	Water Walking Only
10:45am–11:45am	Aqua Yoga
11:45am–12:45pm	Rental Group DDSO
3:30pm–6:30pm	YMCA Swim Lessons
6:30pm–7:30pm	Aquamotion

Thursday	
CLOSED	

Friday	
9:00am–10:45am	Water Walking Only
10:45am–11:45am	Aquamotion
12:00pm–1:00pm	Open Swim

Tuesday	
10:00am–11:00pm	Rental Group ARC
11:00pm–12:00pm	Open Swim
12:00pm–1:00pm	Aquamotion

Saturday	
CLOSED	

Wednesday	
9:00am–10:45am	Water Walking Only
10:45am–11:45am	Aquamotion
4:00pm–5:30pm	YMCA Swim Lessons
5:30pm–6:30pm	Rental Group UCP
6:30pm–7:30pm	Aquamotion

Sunday	
CLOSED	



Sign ups for summer swim lessons



August 13th or 15th from 4:30-6:30pm or August 18th from 10:00am-12:00pm

Therapy Pool annual shutdown August 26th- September 2nd

