



# ZUMBA® TEEN



## AGES 12-18 YEARS OLD

Students are able to come enjoy all the benefits of Zumba® This Latin-inspired dance class helps develop and promote a healthy lifestyle and incorporate fitness as a natural part of young adult's lives by making fitness fun. This class is open to teens 12 to 18 every Friday from March 9th through April 20th.

**WHEN:** Fridays, Starting March 9th through April 20th

**TIME:** 5-6pm

**COST:** \$35 Members \$70 Non-Members

**LOCATION:** ROME FAMILY YMCA  
301 W Bloomfield St  
Rome, NY 13440



**Register online at [ymcatrivalley.org](http://ymcatrivalley.org) under "Youth and Family Programs."**

Please submit the bottom half of this form to the front desk at the YMCA along with payment.

Name of student: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ Ph#: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_ Email: \_\_\_\_\_ Rate \$35 Member \$70 Non Member

Parent or Guardian Name print: \_\_\_\_\_ Date: \_\_\_\_\_

### Waiver/Photo Release Information:

I understand that my child's participation in this activity involves certain risk and regardless of the precautions taken by the YMCA staff and volunteers injuries can occur. Therefore it is incumbent upon you to make sure your child listens to all instructions given by staff to insure his/her safety. You also certify that the present level of your child's physical condition is consistent with all the demands of active participation in this clinic. Knowing this you agree to absolve, and hold harmless the YMCA of the Greater Tri Valley, the organizers, coach/instructors along with any volunteers, in the case of an injury to my child while participating in this Program.

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

I consent to the use of my child's photo for marketing opportunities by the Rome Y, by not consenting I understand that my child can still participate in the program.  I consent to having photos taken of my child  I do not consent to photos being taken of my child

**For more information contact Nick Reid, Rome Family Y at 315.336.3500 ext 232 or [nreid@ymcatrivalley.org](mailto:nreid@ymcatrivalley.org).**