

Place a check to indicate which program you would like to participate in:

- Adult Coed Recreational League (Tues.)
- Adult Coed Competitive League (Thurs.)

TEAM NAME: _____

CAPTAIN: _____

EMAIL: _____

PHONE: _____

Roster:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

Sub: _____

Sub: _____

I understand that I/my child's participation in any of these activities involves certain risk and regardless of the precautions taken by the YMCA staff and volunteers injuries can occur. I agree to absolve, and hold harmless the YMCA staff, volunteers and directors in case of an injury to my child/myself.

SIGNATURE: _____

Need to Know

1. Captains are responsible for communicating on behalf of their teams.
2. The first night of the league, there is a "Captain's Meeting" at 5:30PM to review league procedures.
3. All Captains will receive league "rules" to distribute to their teams.
4. Children under the age of 12 who are guests of the league must be supervised by an adult who is not actively involved in play. They must also remain in the gymnasium.
5. Participation of non-members in the league does not include access to the rest of the YMCA facility.

The YMCA thanks you for your support of our programs and mission. We appreciate good sportsmanship and respect during league play. Please stop at the Front Desk for more information on joining the facility as a member or becoming a volunteer within our programs.



Oneida Family YMCA
701 Seneca St.
Oneida, NY 13421
P 315-363-7788
www.ymcatrivalley.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WINTER VOLLEYBALL LEAGUES

ONEIDA FAMILY YMCA

Adult Co-ed Competitive and Recreational Volleyball



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ADULT CO-ED RECREATIONAL VOLLEYBALL LEAGUE

Registration Deadline: January 25th, 2018

The Oneida YMCA is hosting an Adult Coed Recreational Volleyball League on Tuesday Nights. This league is open to both high school students (16) and adults. Team composition should consist of 6 players on the court at a time with at least two female player on the court at all times.

This recreational league will promote the basics of indoor volleyball, while striving to be fun and competitive.

This is a 10 week league with two additional weeks reserved for playoffs. Teams are allowed up to two additional players to register as substitutes. Referees are provided by the YMCA.

WHEN: Tuesdays:
January 30th , 2018– April 17th, 2018

TIME: 6:00 pm – 9:00 pm

PRICING PER TEAM: \$195



ADULT CO-ED COMPETITIVE VOLLEYBALL LEAGUE

Registration Deadline: January 25th, 2018

The Oneida YMCA is hosting an Adult Coed Competitive Volleyball League on Thursday Nights that consists of ages 18 and older. Team composition consists of 6 players on the court at a time with at least two female players on the court at all times.

This league is designed to promote a competitive environment and to develop and refine more advanced volleyball skills.

This is a 10 week league with two additional weeks reserved for playoffs. Teams are allowed up to two additional players to register as substitutes. Referees are provided by participant volunteers.

WHEN: Thursdays:
February 1st, 2018– April 19th, 2018

TIME: 6:00 pm – 9:00 pm

PRICING PER TEAM: \$195

Please join us in downloading our new YMCA of the Greater Tri Valley App which can be found by searching on the App store!

HOW DO I REGISTER?

1. Each team will select a captain.
2. The captain will register first at the Oneida Family YMCA Front Desk by paying their team entry fee and submitting a team roster.
3. Payment in full is required at the time of registration.
4. All teams that would like to participate must be registered and paid in full by the registration deadline of January 25th for your team to participate and be placed on the schedule.

YMCA of the Greater Tri-Valley Our App Helps Keep You on Track!

You can check schedules, facility hours, register for programs, check-in, and more!

We now have a FREE mobile app that brings the YMCA to your fingertips!

Stay connected and access important information when you want it, where you want it—even on the go!

The app includes the following features:

- Schedules
- Reminders
- Program Registrations
- Facility hours
- Alerts/notifications
- Digital facility check-ins
- And more!

- Easy to use
- Completely free
- Available to download through the Apple and Android Stores

Search:
YMCA of the Greater Tri-Valley



Now available to download in the
App Store & Google Play Store

